

BULLETIN 2.

SULKAVA ROGAINING SM 2022 / BULLETIN 2 15.7.2022



Rogaining SM 2022 competition

Rogaining Finnish championship 2022 will be in Sulkava in Partalansaari, hosted by Rogaining Finland ry and Northern Adventure Team. The event also serves as a preliminary competition for the 2023 European Championships in Finland. The rules of the IRF are followed in the competition.

In connection with the official SC competition, the rogaining championships of the Finnish Scouts, the Students' Sports Association and the Reservists' Sports Association are contested.

The competition center

Competition center is located in Partalansaari at Kaartilankoski village school.

<https://asiointi.maanmittauslaitos.fi/karttapaikka/?>

[lang=fi&share=customMarker&n=6843085.437403575&e=573464.2849847933&title=KYL%C3%84TALO&desc=&zoom=10&layers=%5B%7B%22id%22:2,%22opacity%22:100%7D%5D](https://asiointi.maanmittauslaitos.fi/karttapaikka/?lang=fi&share=customMarker&n=6843085.437403575&e=573464.2849847933&title=KYL%C3%84TALO&desc=&zoom=10&layers=%5B%7B%22id%22:2,%22opacity%22:100%7D%5D)

Parking and camping

Located at most 1 kilometer walking distance from the competition center. Camping is allowed on the competition center's sand field. Open fire is prohibited.

The competition's judges

Competition council, Competition director Harri Hollo, Course designer Jerry Aunula, supervisor Juhani Isaksson and competitor representative Janne Snellman.

Acting in an emergency

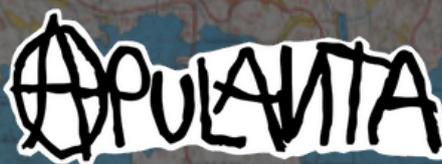
We recommend that everyone downloads the 112 application to their phone. If the team suffers a serious injury, the team FIRST calls for help from the 112 service and then calls the EA number on the map. If the team suffers a minor injury, the team will ask for help from the EA number.

Route planning

Route planning will happen in the village hall (formerly the village school), there has been reserved for approximately 2.5 classrooms for planning space.



Sulkava



Event schedule

Friday 29.7.2022

- 15.00 The competition center opens and the distribution of competition material begins
- 20.00 The competition office closes its doors
- 22.00 Silence in the tents

Saturday 30.7.2022

- 07.00 The competition office opens and the distribution of competition material continues
- 08.30 The distribution of competition materials ends for the 24h series
- 9.00 - 11.00 Breakfast (pre ordered)
- 09.00 Map handout 24h
- 11.15 Check-in to the starting area begins (SI reset and phone sealing and GPS activation)
- 11.50 Check-in ends
- 12.00 start of the 24-hour series (Sulkava Rogaining SM 2022)
- 12.45 Competition material distribution ends for 2h & 4h series
- 13.00 Map handout 2h & 4h
- 13.30 Check-in at the starting area starts 2h and 4h (SI reset)
- 13.50 Check-in ends
- 14.00 2h and 4h start
- 16.15 2h finish closes
- 16.00 - 19.00 2h & 4h in the competition
- 16.00 Hash House opens
- 18.15 4h finish closes
- 19.45 Numbers distribution ends for 8h and 8h MTB series
- 20.00 Map handout 8h
- 21.30 Registration at the starting area (sport ident reset and sealing summer GPS activation)
- 21.50 Registration for 8h series ends
- 22.00 MTB and foot series 8h series start
- 22.00 Kylätalo cafe closes

Sunday 31.7.2022

- 06.30 MTB and 8h foot series finish closes
- 05.30 - 7.30 Breakfast for 8h & 8h MTB series
- 11.00 - 13.30 race lunch available for 24h series
- 12.30 24h series finish closes
- 13.00 Hash
- 14.00 Prize giving
- 17.00 Competition and camping at the competition center ends.

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Stamping in the competition

In all series, SI sticks are used for punching. In the 24h series, each team member receives a SI-card from the organizers and the punching must be done within 90 seconds among the team. For other series, 1 SI-card / team.

SI sticks are attached with a separate sealable bracelet available from the organizers.

Distribution of Maps

Distribution of maps takes place in the competition center according to the schedule. Each member gets his own map 75cm x 75cm, Checkpoint information table A4 and B2 size map plastic. In addition, the team receives one planning map. The organizers do not distribute plastic maps for tick markers.

Map

Map is 75cm x 75cm in size and the scale is 1:25000, with 5m curve spacing. Auxiliary curves have also been used to describe shapes. The map has been updated in autumn 2021 and spring 2022. Forestry work is constantly being done in the terrain, so not all fellings are on the map. In addition, you may find ruts made by the tractor in the terrain, which are not on the map. The stones marked on the map are generally more than 3 meters high.

Additional maps can be purchased after the competition at the competition center for €5/map.

The north lines and the north arrow on the map point to magnetic north.

Checkpoints

Are clear points. For each CP, there is an orientation flag with a reflector and a SI device. The tick attribute tells the more precise location of the tick flag, for example, on which side of the house or stone the tick is located. Modelirasti is in the competition center.

The ticks are numbered, e.g. 7A, 10D and 3G. The number of the tick indicates the number of points obtained from the tick (7A = 7 points, 10 D = 10 points 3G = 3 points).

Registration

The team must register at the competition center, upon registration the team will receive a Sulkava paper bag containing at least: Number

- tag (1 per competitor)
- Event souvenir (1 pipe scarf per competitor)
- SI sticks
- for attaching the ribbon to the SI stick on the wrist

NOTE: each competitor must bring their own pins or number tag belt . The organizer recommends, for example, https://www.xxl.fi/zone3-triathlon-kisavyo-musta/p/1159740_1_style or a similar number belt

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Breakfast for Saturday 30.7. available ONLY PRE ORDERS

Breakfast can be ordered until Sunday 17.7. from the link below. Breakfast is paid for at event center with mobilepay or cash NO CARD and costs €10 per person
<https://forms.gle/ybXeXx4bgPh4pYvN7>

Water points

During the competition, competitors can replenish their fluid balance at the water points offered by the residents of Partalan Island. In total, there are 7 water points on the map and the service point of the competition center. The water points are located in the courtyards of local houses and are marked with checkmarks and a picture of a mug on the map. There is NO CP on the water points. Please respect the peace of the locals at the water points.

Animal enclosures

Active livestock management is practiced on the island. The animal enclosures are NOT depicted on the map. They are usually in fields where movement is otherwise prohibited. It is forbidden to enter the enclosures.

Swimming and crossing waterways

Taking shortcuts by swimming is prohibited. However, there are several marked water crossings on the map that can be used in the competition. The crossings have been tested and the depth varies between 50cm and 150 cm.

GPS devices

The use of your own GPS devices is prohibited. Every team in the 8h and 24h series receives a GPS tracking device from the organizers. GPS tracking opens for the competitors' home teams and fans to follow from the link on the organizers' website 1 hour after the start.

GPS is distributed to the teams in connection with the competition material. The team is responsible for waterproofing the GPS device itself. We recommend 2x mini grips or similar. The competitor must hand the GPS device back to the organizers at the finish line.

Tracking can be found at: <http://www.tulospalvelu.fi/gps/>

Caches

You must not leave your equipment, food, etc. in the terrain, even temporarily.

Littering

Garbage, e.g. empty gel bags, may NOT be dropped or hidden in the terrain. We recommend reserving a separate bag for garbage (e.g. minigrip). Garbage can also be left in waste bags placed at water points!

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Equipment

The snake bite kit recorded in Bulletin 1 is not mandatory equipment. However, we recommend bringing one with you.

Mandatory personal equipment in the 8h and 24h series:

- water bottle
- food
- whistle
- space blanket
- waterproof jacket
- hat or similar sun protection
- pins for the number plate
- personal medicine

Personal equipment in the MTB series in addition to the above:

- helmet (to be worn throughout the race)
- front light and rear light on the bicycle (in the 8h MTB series)

Personal mandatory equipment in 2h and 4h series:

- water bottle
- food
- whistle
- hat or similar sun protection
- safety pins for number tag
- personal medicines

Mandatory equipment for the team in ALL (2h, 4h, 8h and 24h) series

The team must have at least

- 1 backpack in which the team carries the team's mandatory equipment
- phone closed and packed in waterproof protection
- Waterproof bag for the phone, the protective bag must fit an A5 envelope with the phone
- EA bag with plasters, a roll of so-called ankle tape, bandages.

In addition, we recommend a blister patch & a snake bite.

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Late to the finish line.

Every minute that starts late results in a one point deduction. Being more than 30 minutes late will result in rejection 24h & 8h.

Being more than 15 minutes late will result in rejection in the 4h & 2h series.

Shower and washing

Washing takes place in the lake in the competition center. The use of detergents is prohibited.

Washing is also possible in the center of Sulkava in the sports hall on Sunday between 9 am and 1 pm.

Cafeteria

Kaartilankoski Kylätalo has a cafe in the competition center. The cafe is open on Saturday from 8 am to 10 pm and on Sunday from 7 am to 2 pm. CASH OR MOBILEPAY option

HASH HOUSE

The competition's hash house is open Sat 18.00 - Sun 13.00. Hashhouse's snacks are provided by K-Market Wiljami & NOSHT. Hashhouse offers at least:

- Juice
- Coca-Cola & Fanta
- NOSHT sports drink
- NOSHT speed candies
- Water
- Banana
- Pickles
- Crisps
- Candy

All products have a vegan option

Ice creams by Pingviini

Pingviini offers every competitor free Pingviini ice cream, which can be picked up from K-Market Wiljami freezer from Friday to Sunday.

See you at the SULKAVA